



MACON, GA

SWAPS

September 9th, 2021

Official Publication of the Exchange Club of Macon, Georgia

Editor – Ronald Raleigh

2021/2022

Exchange Club of Macon

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Visit our website:

<http://exchangeclubofmacon.org>

as well as the

[Club's Face Book Page](#)

Meetings held at
"Buffalos" - Zebulon Rd.
4 Thursdays per month
11:30AM to 1:00PM



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"Meeting Notes – September 9th at Buffalos"

President Ron Raleigh opened the meeting, welcoming members – there were "7" members & "1" guest – Erica Poulin, Caring Solutions. Club member Crawford Lovett tendered the day's invocation – Chairman Bobby George led the Pledge of Allegiance. Other Club members present included: Linda Clark; Larry Kemper; Walter Arnett; & Ed Ennis.

"Announcements"

- * **September 16th** program will be on the current COVID Pandemic. Dr. Alan Justice will be our guest speaker.
- * **September 20th** Exchange Club of Macon Board Meeting. Meeting to be held at Rollin Middlebrooks' home at 6:00PM.
- * **September 23rd** former Exchange Club Past President, Wade McCord, Macon-Bibb County Tax Commissioner, will be our guest speaker.
- * **September 25th** will be the **6th Annual Walter Arnett Sporting Clay Shooting** event at the "Meadows Gun Club". Walter needs "shooters", SWAG Bag items, door prizes, and volunteers. The event will culminate with a luncheon to be catered by Tommy's Bakery & Cafe.
- * **October 5th** the Club will hold the **24th Annual Lamar Taylor Memorial Golf Tournament**. The tournament will be held at Healy Point Country Club – 1:00PM "Shotgun Start". Proceeds from the tournament to benefit Prevention of Child Abuse, Crescent House, and Exchange Club's Charity Programs of Service. The brochures for the **24th Annual Lamar Taylor Memorial Golf Tournament** are ready – get multiple copies from Rollin Middlebrooks or Bobby George for distribution.
- * **October** is **National Crime and Fire Prevention Month**. On **October 7th** we will celebrate with Sheriff David Davis as he presents the Exchange Club's **Law Enforcement Office of the Year Award** – **October 21st** we will celebrate with the Interim Fire Chief Shane Edwards as he presents the **Exchange Club's Fireman of the Year Award**.

"Ponder Point Quotes"

"{In the Universe it may be that} Primitive life is very common and intelligent life is fairly rare. Some would say it has yet to occur on Earth." - Stephen W. Hawking

"Live as if you were to die tomorrow. Learn as if you were to live forever." - Mahatma Gandhi

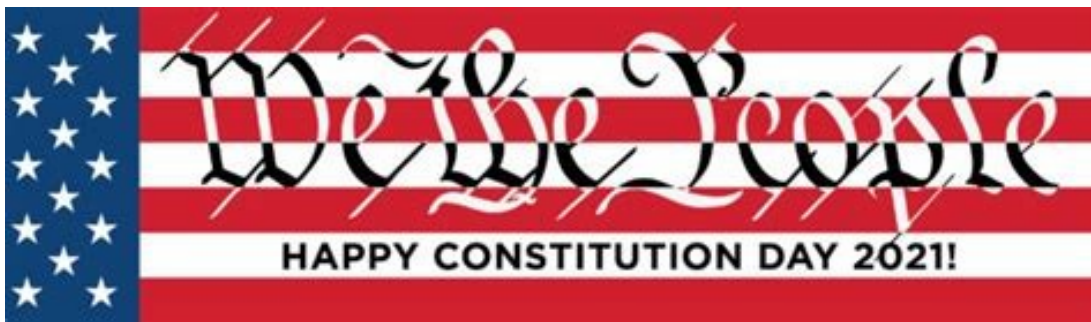
"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel." - Maya Angelou

“September Days for Recognition / Remembrance”



Patriots' Day September 11th – September 18th POW/MIA Recognition Day

“ALL GAVE SOME / SOME GAVE ALL”



September 17th – United States Constitution Day - the designated day that commemorates the formation and signing of the U. S. Constitution “39” brave men on September 17th, 1787.



September

“Program Notes September 9th”

Chairman Bobby George introduced **Erica Poulin** with *Caring Solutions*. **Erica** relocated to Central Georgia when her military husband was reassigned two years ago. AS a teacher, she was not satisfied with the situation in Central Georgia for teaching positions. She was hired by *Caring Solutions*, working with the parents before birth and in follow up from birth through the first year of the baby’s life. **Erica** has “2” children and “13” grand children.

Erica shared an excellent “word” picture of the evolving *Caring Solutions* non profit organization. Through the years, *Caring Solutions* has re-branded and evolved its’ methodology in working with pregnant young girls that have been ostracized by those around them and need a support system to meet stress and other needs around pregnancy. Name changes and the perceived pictures that the name presents is indicative of the evolution.

Caring Solutions originally was called ‘Mother and Child Ministries’, the name changed to ‘Save A Life’ prior to changing again to *Caring Solutions*. ‘Mother and Child’ was perceived as a home for unwanted pregnant teens where the mother to be was cared for and guided in the prenatal and birth process. At the name change to ‘Save A Life’, the perception changed to include some post natal care and follow up. *Caring Solutions* carries prenatal, and postnatal care forward with a lot of program changes, etc.

The basics of *Caring Solutions* is to provide medical care, pregnancy tests, etc. In order to counsel the client with positive solutions for the whole birth process. A basic point of support is that the clients “are making choices at all times and *Caring Solutions* works with the clients to explore and understand their choices and the repercussions from those choices”. A new part of the program is GPS, designed to strengthen the family unit (bringing in the father and other family members to “share” as a family unit for the expectant mother. Other “bullet points” in the program:

- ** planning with and teaching life skills to the parents
- ** working with the parents in life counseling
- ** education
- ** parenting skills
 - how to deal with parental stress
 - reading to the new born
 - communicating with the child including eye contact
 - structured play time
- ** budgeting
- ** environmental life change
- ** coping skills

Currently there are “20” clients being aided over the initial “intense weeks” with the client moving forward in the program to stability as a new mother. There some “400” other clients in varying stages of follow up to aid them in remaining on a forward movement path to positive parenthood.

On the “radar” is acquiring a new facility as the current facility is inadequate. Also starting a “sex education” program in schools designed to teach abstinence as a choice to pregnancy.

On Monday, the Club will be delivering “3” Baby Safety Car Seats to *Caring Solutions* – “1” car seat provided from proceeds from the **24th Annual Lamar Taylor Memorial Golf Tournament** – “2” will be funded through the Club’s Charity funds. Charity funds generated, in part: with member dues; the **Walter Arnett Sporting Clay Shoot; Cars at TOBO** (annual antique car show); **Shotgun Raffle; Boston Butt Holiday Sale**; sponsors and donations. Support the Exchange Club of Macon.

